

# BKFST SAMMYS

Served on homemade sourdough english muffins  
Sub Vegan "Just Egg" +\$1

**Proud Townie** \_\_\_\_\_ **7.59**  
Baked egg, sausage, cheddar, chipotle aioli

**The Somo** \_\_\_\_\_ **7.89**  
Baked egg, bacon, tomato, onion, bib lettuce, dijon aioli (DF)

**The Capital** \_\_\_\_\_ **6.99**  
Baked egg, brie, pepper jelly

**The Green Wave** \_\_\_\_\_ **6.99**  
Baked egg, bib lettuce, avocado mash, tofutti (DF)

# SANDWICHES

Served on sourdough w/side of kettle chips  
(gluten-free bread available)

**B.L.A.T.** \_\_\_\_\_ **11.59**  
Bacon, bib lettuce, tomato, avocado, pesto aioli (DF)

**Soft Boy** \_\_\_\_\_ **10.29**  
Mashed avocado, brie, dijon aioli **+bacon \$2.89**

**Spice GRRRL** \_\_\_\_\_ **9.99**  
Cheddar, tomato, onion, chipotle aioli **+bacon \$2.89**

# TOASTIES

Served on a toasted homemade sourdough english muffins

## Avo

Mashed avocado, tofutti,  
black sesame, chili flakes

7.95

## Toma

Heirloom tomato, tofutti,  
dried herbs, olive oil

7.95

## Endless Summer

Fresh berries, peanut  
butter, maple syrup

7.25

# OVERNIGHT OATS

## Peanut Butter Cup

Oats, peanut butter, almond  
milk, maple syrup, dark  
chocolate, coconut oil

5.25

## Earl Grey Chia

Oats, chia seeds, almond  
milk, maple syrup, early  
grey tea, vanilla

5.25

# SOFT GERMAN PRETZELS

## Pink Salt

7.00

## Dessert

7.00

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